

Please find below a brief summary of the information discussed at the sports orientation. If you have any questions please feel free to email me at [jbarcellos@losbanosusd.net](mailto:jbarcellos@losbanosusd.net)

- 1) All student-athletes must have a physical (physicals are good for 365 days). Link for physical:  
[http://cdn.prepconnectweb.com/Los\\_Banos\\_High\\_School\\_26192018\\_Physical\\_Form\\_001.pdf?rdt=202106091508](http://cdn.prepconnectweb.com/Los_Banos_High_School_26192018_Physical_Form_001.pdf?rdt=202106091508)
- 2) All student-athletes must be registered at homecampus.com (this must be done yearly--as info has to be updated). Please select all sports you might be playing--there is no obligation to play if you change your mind. Here is the link for the step by step process:  
[http://cdn.prepconnectweb.com/Los\\_Banos\\_High\\_School\\_03032022\\_Athletic\\_Clearance\\_Info\\_Page.pdf?rdt=202305241347](http://cdn.prepconnectweb.com/Los_Banos_High_School_03032022_Athletic_Clearance_Info_Page.pdf?rdt=202305241347)
- 3) ***Print out the confirmation page (from homecampus) when finished and turn in with completed physical to the main office--do NOT turn into a coach or give to someone at Tiger Prowl.***
- 4) All of the above must be turned in prior to participation in any sport. If your sport is conducting workouts over the summer then all of this must be turned in prior to working out with the team.
- 5) If you are working out with a team over the summer or 'out of season' you must also have an AAU card. Information can be found at  
[https://s3.amazonaws.com/cdn.prepconnectweb.com/Los\\_Banos\\_High\\_School\\_37032022\\_AAU-2021-2022.pdf?rdt=202206021352](https://s3.amazonaws.com/cdn.prepconnectweb.com/Los_Banos_High_School_37032022_AAU-2021-2022.pdf?rdt=202206021352)
- 6) Contact info for all coaches will be posted on [www.lbtigernation.com](http://www.lbtigernation.com) soon.
- 7) Once again any questions can be directed to Joe Barcellos at [jbarcellos@losbanosusd.net](mailto:jbarcellos@losbanosusd.net)